

1 **What has been the progress in addressing financial risk in Uganda?**  
2 **Analysis of catastrophe and impoverishment due to health payments**

3

4 Authors:

5 Brendan Kwesiga<sup>1\*</sup>, Tom Aliti<sup>2</sup>, Pamela Nabukhonzo Kakande<sup>3</sup>, Peter Byawaka<sup>3</sup>, Susan  
6 Najuko<sup>2</sup>, Justine Hsu <sup>4</sup> , John E Ataguba<sup>5</sup>, Grace Kabaniha<sup>6</sup>

7 \*Corresponding author

8 Institutional Affiliation:

- 9 1. World Health Organization, Health Systems Cluster, Nairobi, Kenya,  
10 [kwesigab@who.int](mailto:kwesigab@who.int)  
11 2. Ministry of Health, Planning Department, Kampala, Uganda  
12 [aliti68@yahoo.com](mailto:aliti68@yahoo.com)  
13 3. Uganda Bureau of Statistics, Kampala, Uganda  
14 4. World Health Organization, Economic Analysis Cluster, Geneva, Switzerland  
15 5. Health Economics Unit, School of Public Health and Family Medicine, University  
16 of Cape Town, Cape Town, South Africa, [john.ataguba@uct.ac.za](mailto:john.ataguba@uct.ac.za)  
17 6. World Health Organization, Health Systems Cluster India Country Office,  
18 [kabanihag@who.int](mailto:kabanihag@who.int)  
19

20

21

22

23

24

25

26

27

28

29

30 **Abstract**

31 **Background:** Monitoring progress towards Universal Health Coverage (UHC) requires  
32 an assessment of progress in coverage of health services and protection of households  
33 from the impact of direct out-of-pocket payments (i.e. financial risk protection). Although  
34 Uganda has expressed aspirations for attaining UHC, out-of-pocket payments remain a  
35 major contributor to total health expenditure. This study aims to monitor progress in  
36 financial risk protection in Uganda.

37 **Methods:** This study uses data from the Uganda National Household Surveys for  
38 2005/06, 2009/10, 2012/13 and 2016/17. We measure financial risk protection using  
39 catastrophic health care payments and impoverishment indicators. Health care payments  
40 are catastrophic if they exceed a set threshold (i.e. 10% and 25%) of the total household  
41 consumption expenditure. Health payments are impoverishing if they push the  
42 household below the poverty line (the US\$1.90/day and Uganda's national poverty  
43 lines). A logistic regression model is used to assess the factors associated with household  
44 financial risk.

45 **Results:** The results show that while progress has been made in reducing financial risk,  
46 this progress remains minimal, and there is still a risk of a reversal of this trend. We find  
47 that although catastrophic health payments at the 10% threshold decreased from 22.4%  
48 in 2005/06 to 13.8% in 2012/13, it increased to 14.2% in 2016/17. The percentage of  
49 Ugandans pushed below the poverty line (US\$1.90/day) has decreased from 5.2% in  
50 2005/06 to 2.7% in 2016/17. The distribution of both catastrophic health payments and  
51 impoverishment varies across socio-economic status, location and residence. In addition,  
52 certain household characteristics (poverty, having a child below 5 years and an adult  
53 above 60 years) are more associated with the lack of financial risk protection.

54 **Conclusion:** There is a need for targeted interventions to reduce OOP payments,  
55 especially among those most affected to increase financial risk protection. In the short-  
56 term, it is important to ensure that public health services are funded adequately to enable  
57 effective coverage with quality health care. In the medium-term, mandatory prepayment  
58 through health insurance will be needed to reduce the burden of OOP health spending  
59 further.

60

61 **Key words:** Financial protection, Uganda, Universal Health Coverage, health financing,  
62 health, trends, impoverishment, catastrophic health payments

63

## 64 **Background**

65

66 Uganda has expressed aspirations to attain Universal Health Coverage (UHC) [1] – a key  
67 component of the Sustainable Development Goals (SDGs) agenda. UHC is about  
68 ensuring that the population has access to needed health services that are of adequate  
69 quality to be effective, without facing any financial risk that results from paying out-of-  
70 pocket (OOP) for health services [2-4]. Many countries, including Uganda, still face  
71 challenges to achieving UHC [5]. For example, in Uganda, OOP payments for health  
72 services are still dominant, contributing up to 40% of Uganda’s total health expenditure  
73 [6], even though user fees/cost-sharing in government facilities have been abolished  
74 since 2001. This phenomenon presents a paradox [7].

75

76 Safeguarding households from incurring financial risks and minimising the risk of falling  
77 into poverty, through ensuring that households’ consumption of other basic needs such  
78 as food and shelter are not compromised due to direct OOP payments is critical [3]. This  
79 is even more important for a country like Uganda, where more than a quarter of the  
80 population (about 10 million Ugandans) in absolute poverty of the [8] and more than  
81 40% remains vulnerable to economic shocks [9]. This situation raises an urgent need to  
82 implement health financing strategies that address the burden of OOP payments.

83

84 Financial resources to Uganda’s health sector remain very inadequate. Government per  
85 capita health expenditure averaged US\$9 in the past ten years [10]. This is grossly below  
86 the US\$84 recommended to provide a minimum health care package [11] or the US\$271  
87 per capita estimated for achieving UHC by 2030 [12]. Furthermore, the proportion of the  
88 health budget allocated to the health sector (an indication of the level of prioritisation of  
89 the sector) declined to an average of about 7% in the period between 2015-2019 from  
90 about 9% in 2010-2015 [10]. Low levels of public health financing led to the health sector,  
91 increasingly relying on OOP health spending and external resources [6].

92

93 It is not surprising that Uganda’s Health Financing Strategy 2015-2025 identifies the need  
94 to address the current burden of OOP payments [13]. In designing such strategies to  
95 address financial risk in the context of moving towards UHC, there is a need for up-to-  
96 date country-specific evidence on the extent and distribution of the burden of OOP health  
97 spending across the population.

98

99 Adequately monitoring of UHC at both the global and country levels is required to  
100 harness the benefits of efforts towards UHC. To achieve this goal, the World Bank Group

101 together with the World Health Organization (WB/WHO) have developed a framework  
102 for monitoring and evaluation of progress towards UHC [14]. This framework identifies  
103 two major indicators for monitoring financial risk protection—catastrophic health  
104 payments and impoverishing health expenditures. The catastrophic health payments  
105 indicator looks at the extent to which the share of OOP health payments in total  
106 household consumption expenditure does not compromise consumption of other  
107 household basic needs while the impoverishment indicator looks at the extent to which  
108 OOP payments increase both the incidence and intensity of poverty [14]. This framework  
109 also emphasizes the need to use several equity dimensions to monitor progress towards  
110 UHC.

111  
112 Previous studies have analyzed financial risk protection in Uganda’s health system [15,  
113 16] using dated datasets. However, they have yet to show the trend in financial risk  
114 protection in Uganda using recent datasets, which is critical for monitoring progress  
115 towards the UHC goals. The objective of this paper is to present an updated assessment  
116 of financial risk protection in health using indicators from the WB/WHO framework. The  
117 paper also presents the trend from 2005/6 to 2016/17 to track Uganda’s progress towards  
118 UHC. This study provides baseline information on the extent of financial risk protection  
119 in health as Uganda plans to roll out a National Health Insurance Scheme to decrease the  
120 reliance on OOP payments for health services and ensure financial risk protection for all.

121

122

## 123 **Methods**

124

### 125 **Data**

126

127 The Uganda integrated household survey, known as the Uganda National Household  
128 Survey (UNHS) is the main data for the analysis in this paper. The UNHS is undertaken  
129 every two or three years by the Uganda Bureau of Statistics (UBOS) and collects  
130 individual and household level data about socioeconomic characteristics, health status,  
131 health-seeking behaviour, and household expenditures including health expenditure.  
132 This paper uses the UNHS data for the years 2005/6, 2009/10, 2012/13 and 2016/17  
133 containing data on 7400, 6887, 7500, and 17320 households, respectively. Stata version  
134 13.1 [17] is used for data analysis.

135

### 136 **Measurement of socio-economic status**

137 Household consumption expenditure is used as the measure of socio-economic status as  
138 opposed to household income because the former is recommended as a more reliable  
139 measure of socioeconomic status in low-income countries like Uganda [18]. The  
140 construction of Uganda’s consumption expenditure aggregate is detailed elsewhere [19].  
141 Adult equivalent household consumption expenditure is obtained by dividing total  
142 household consumption by an adjusted household size (equivalence scale). This  
143 approach for estimating the adjusted household size has been used elsewhere to assess  
144 the impoverishing impact of OOP health spending [16]. The consumption for household  
145 members below 18 years weighs less than that for adults in adjusting household  
146 expenditures. The equivalence scale for Uganda is based on estimated calorie  
147 requirements for different age groups [19].

148

### 149 **Measurement of catastrophic health payments**

150 Two thresholds are used to assess financial catastrophe from OOP health spending in this  
151 paper. A household’s OOP spending on health services is defined as catastrophic if it  
152 exceeds 10% or 25% of total household expenditure (or consumption) [20]. Indicators of  
153 the incidence (headcount) and intensity (the mean positive gap) are considered.  
154 Catastrophic health payments headcount represents the percentage of household whose  
155 OOP payments for health exceed 10% or 25% of total household expenditure. On the  
156 other hand, the mean positive gap indicates by how much the households exceed the  
157 chosen threshold for those that exceed.

158

### 159 **Household characteristics associated with catastrophic health payments**

160 The factors that are associated with incurring catastrophic health expenditures are  
161 assessed using a logistic regression model.

162 
$$\text{cata} = \alpha + \beta X + \varepsilon$$

163 where “cata” is the incidence of catastrophic health expenditures,  $\text{cata} = 1$  for a  
164 household with catastrophic expenditures, and 0 otherwise. The vector of explanatory  
165 variables ( $X$ ) includes equalised household size, the level of education, sex, employment  
166 status and marital status of the household head, location of household (rural or urban),  
167 presence of a child below 5 years and an adult above 60 years, and region of residence.  
168 The explanatory variables and expected signs are shown in Table 1.

169 <<Table 1>>

170

## 171 **Measurement of impoverishment due to OOP health spending**

172 Impoverishment from OOP spending on health services captures the extent by which  
173 OOP payment affects both the incidence and the depth/intensity of poverty across the  
174 population [20, 21]. Unlike the assessment of financial catastrophe, impoverishment  
175 headcount from paying OOP for health services estimates the difference between the  
176 percentage of the population below a defined poverty line before and after adjusting for  
177 the effect of OOP health payments [20]. The impoverishment gap from OOP spending is  
178 the difference in impoverishment gap (i.e. the extent to which an individual falls below  
179 the poverty line) before and after OOP health spending. The normalised impoverishment  
180 gap is computed by dividing the impoverishment gap by the poverty line – this is the  
181 impoverishment gap as a proportion of the poverty line.

182 Two poverty lines are used to assess impoverishment from OOP health spending. The  
183 first is the international poverty line (i.e. \$1.90/per day based on 2011 Purchasing Power  
184 Parity (PPP)<sup>i</sup>. The second is Uganda’s national poverty line, which is region and location  
185 (urban/rural) specific. The average national poverty line is Shs. 29,505 but varies from  
186 Shs. 32106 per month in the central region (urban) to Shs. 28165 per month in the western  
187 region (rural). Uganda’s national poverty line is constructed based on the calorie  
188 requirement of household members and then adjusted for household non-food  
189 expenditures ([19]).

190

## 191 **Results**

### 192 **Catastrophic health payments**

193 Table 2 indicates the trend of the catastrophic headcount and the mean positive gap for  
194 two thresholds (10% and 25%). For both thresholds, there has been a decreasing pattern  
195 in terms of the catastrophic health payments headcount between 2005/06 and 2012/13.  
196 However, there was an increase between 2012/13 and 2016/17, irrespective of the  
197 thresholds. Concerning the mean positive gap, there has been a decreasing pattern for  
198 both thresholds, decreasing from 2005/06 to 2016/17.

199 <<Table 2>>

200 Table 3 shows catastrophic payments disaggregated by social-economic status,  
201 urban/rural location, and region of residence. The incidence of catastrophic health  
202 expenditure was higher among the richer quintiles when compared to the poorest  
203 quintile in the first three years. The reverse was true in 2016/17, where the poorer

204 quintiles experienced a higher incidence of catastrophic payments. The incidence of  
205 catastrophic costs was much higher in the rural areas than in the urban areas in 2005/06  
206 and 2009/10 with the pattern changing in 2012/13 and 2016/17. With regards to the  
207 regions, catastrophic health payments are highest in the Western and Central regions  
208 between 2005 and 2017.

209 There are some household characteristics associated with an increased likelihood of  
210 catastrophic health payments. As shown in Table 4, the factors which are significantly  
211 associated (5% level of significance) with an increased likelihood of catastrophic health  
212 expenditures are having a child, and an elderly member in the household.

213

214 <<Table 3>>

215

216 <<Table 4>>

217

## 218 **Impoverishment**

219 The results in Table 5 show that OOP payments are impoverishing in Uganda as they  
220 increase the incidence and depth/intensity of poverty among the poor across all the time  
221 period. The pattern is similar for all the poverty lines considered. A decrease in the  
222 impoverishment headcount was observed from 2005/06 through to 2016/17, although  
223 the decline in the impoverishment headcount between 2012/13 and 2016/17 is minimal.

224

225 <<Table 5>>

226

227 <<Table 6>>

228

229 Table 7 shows the disaggregation of impoverishment effect by socio-economic status,  
230 residence and region. The results show that the impoverishment effect is mainly  
231 concentrated in the middle and second richest quintiles of socio-economic status. It is also  
232 largely concentrated in the Central and Western regions. The distribution of  
233 impoverishment by residence is less clear-cut, showing a mixed pattern over the different  
234 years considered.

235 <<Table 7>>

236

237

## 238 **Discussion**

239 This study set out to assess the trends in the status of financial protection in Uganda with  
240 a view of informing strategies for strengthening financial risk protection. The findings  
241 show that Ugandans still lack financial risk protection, and there has been a reversal of  
242 the trend in catastrophic expenditure and impoverishment rates. This pattern threatens  
243 Uganda's ability to attain UHC. This pattern is not surprising especially in the context of  
244 the country's dependence on OOP payments, which requires urgent attention. The main  
245 strength of this study is that unlike all the previous studies which showed a snapshot  
246 analysis of the situation of financial risk protection at a point in time, this study was able  
247 to show a trend over time. This paper also shows equity aspects by disaggregating the  
248 financial risk protection indicators using various equity dimensions. It also shows factors  
249 that are associated with households facing financial risk due to direct OOP payments.

250

251 The results from this study are consistent with previous assessments of financial risk  
252 protection in Uganda and other low-income countries that depend heavily on direct OOP  
253 payments [15, 16, 22]. However, when we compare the results of Uganda to similar  
254 studies in Kenya [23, 24], Rwanda, Zambia, South Africa, Tanzania and Ghana [25-27],  
255 Uganda's estimated levels of catastrophic payments and impoverishment are higher in  
256 magnitude than all these countries. However, the results are consistent with literature as  
257 countries, where the contribution of OOP payments in total health expenditure is higher,  
258 are more likely to have higher levels of financial catastrophe or impoverishment from  
259 OOP spending. The main difference between Uganda and the other countries is that it  
260 has a much higher level of OOP payments (at 40%) but also most these countries have  
261 significant prepayment for health by establishing additional prepayment schemes in  
262 addition to general tax contributions from government budgets.

263

264 The results of this study provide important implications for policymakers in Uganda. The  
265 fact that there could be a reversal in the gains observed in the reduction of financial risk  
266 highlights the importance of continuous monitoring. It also implies that there is a need  
267 to move away from the business as usual approach in Uganda. Although Uganda  
268 established free care policy for primary health care services by abolishing user fees, the  
269 allocation of resources to the health sector from the national budget has not matched the  
270 need. Establishing a well-intentioned policy mandate without adequately funding it may  
271 produce reverse results as is being experienced in Uganda where OOP payments have  
272 continued to increase even in the context of no user fees [7]. To highlight the extent of  
273 underfunding, whereas, consumer price index published by the UBOS shows that the

274 price of consumables/utilities has increased by over 20% in the previous decade; the  
275 allocation to purchase of these has been stagnant (reduced in real terms when adjusted  
276 for inflation and exchange rate depreciation) [28]. This results in the lack of critical inputs  
277 required to provide quality health care in the public sector, leading to the private sector  
278 providing the majority of services [29]. This has led to inequitable access to services, as  
279 only those who can pay access services [30]. However, even for the non-poor who can  
280 pay for services within the private sector, this approach is not sustainable in the long-  
281 term as they may be impoverished. Increasing public financing would enable reduced  
282 exposure to financial risk, especially among the poor who pay OOP because of the limited  
283 availability of services in the public sector. Furthermore, one of the ways Uganda can  
284 reduce reliance on OOP payments is through moving towards mandatory health  
285 insurance. Uganda should fast track its plans for establishing a single pool mandatory  
286 national health insurance scheme so as to enable strategic purchasing of health care  
287 services and reduce direct OOP health spending. However, this should be done  
288 concurrently with quality improvement interventions. It has also been shown in other  
289 countries that well-designed supply interventions aimed at improving quality of care are  
290 protective against OOP payments and have operational simplicity and greater provider  
291 accountability [31].

292  
293 This study is not without any limitations. The main limitation is the absence of  
294 information on access/utilization of services across the population for how financial risk  
295 was measured. The goal of UHC is to enable access to all who need care while minimizing  
296 the extent to financial risk. By not being able to show the extent to access, this paper did  
297 not show whether the lack of financial risk protection was influenced by the level of (or  
298 the lack of) access. Some additional limitations arise from the data used. Although the  
299 UNHS has critical data useful for this analysis, it has some major gaps that if addressed,  
300 would enable the survey to provide more useful information for decision-makers. For  
301 instance, one dimension that could be useful is to identify the type of service (i.e. inpatient  
302 or outpatient) used and rate of utilization to identify the drivers of OOP payments for  
303 policy targeting.

304

## 305 **Conclusion**

306 In this study, we present empirical evidence on the extent of financial risk protection in  
307 health in Uganda. The financial burden due to OOP payments remains high and there is  
308 a risk of a reversal of previous gains in reducing this burden. We show that some  
309 households are more vulnerable to incurring the burden of OOP health payments. The

310 study shows that Uganda needs to reconsider its strategies to decrease the burden of OOP  
311 payments. In particular, there is a need to fast-track the design and implementation of  
312 the mechanisms for protecting the population from financial catastrophe and  
313 impoverishment, especially the planned mandatory health insurance scheme. This  
314 should be done together with interventions aimed at improving effective coverage of  
315 quality health care in the public sector facilities. Lastly, monitoring financial risk  
316 protection should be institutionalised as part of monitoring the implementation of health  
317 financing reforms in Uganda.

318

## 319 **Abbreviations**

320 DFID Department for International Development of United Kingdom

321 OOP Out of Pocket Payments

322 PPP Purchasing Power Parity

323 SDGs Sustainable Development Goals

324 UBOS Uganda Bureau of Statistics

325 UHC Universal Health Coverage

326 UNHS Uganda National Household Survey

327 WB World Bank

328 WHO World Health Organisation

329

## 330 **Declarations**

### 331 **Ethics approval and consent to participate**

332 The study did not involve or use human subjects or identifiable personal data, human  
333 tissue, or animals and thus did not require ethical approval. The study was implemented  
334 with the permission of and in collaboration with the Uganda Bureau of Statistics (UBOS)  
335 that implement the Uganda National Household Survey (UNHS).

336

### 337 **Consent for publication**

338 The article is original, has not been published in a journal before, and is not currently  
339 under consideration by another journal. All authors of the manuscript have read and

340 agreed to its content and are accountable for all aspects of the accuracy and integrity of  
341 the manuscript.

342

### 343 **Availability of data and material**

344 The datasets analyzed in the current study are available from the Uganda Bureau of  
345 Statistics. UNHS data is available on the UBOS website  
346 (<http://www.ubos.org/unda/index.php/catalog/51>). Data analysis files and other  
347 materials can be obtained from the corresponding author.

348

### 349 **Competing interests**

350 All authors declare no competing interests

351

### 352 **Funding**

353 This study was possible through the support of Department for International  
354 Development (DFID) of United Kingdom. The funders had no role in the study.

355

### 356 **Authors' contributions**

357 Conceived and designed the study: BK, TA, PNK, SN, PB, JH and AEJ. Data cleaning and  
358 analysis: BK, TA, PNK, PB, AEJ, JH and GK. Drafted manuscript: BK, GK, TA and AEJ.  
359 Reviewed the manuscript: BK, TA, PNK, SN, PB and AEJ. All the listed authors have read  
360 and approved the final manuscript submitted for publication.

361

### 362 **Acknowledgements**

363 The Uganda Bureau of Statistics (UBOS) who conduct the Uganda National Household  
364 Survey is acknowledged for providing the data sets for analysis. Dr. Ben Nganda, Mr.  
365 Mayur Mandalia and Dr. Tessa Edejer from the World Health Organization for the  
366 support extended towards making this paper possible.

367

368

369 **References**

370 1. Ministry of Finance, Planning and Economic Development,: **National Development Plan 2015-**  
371 **2020**. Kampala, Uganda: Ministry of Finance, Planning and Economic Development; 2015.

372 2. World Health Organization: **The World Health Report 2013: Research for universal coverage**.  
373 Geneva: World Health Organization; 2013.

374 3. World Health Organization: **The World Health Report 2010 - Health systems financing: the path**  
375 **to universal coverage**. Geneva: World Health Organization; 2010.

376 4. Ataguba JE, Ingabire M-G: **Universal Health Coverage: Assessing Service Coverage and Financial**  
377 **Protection for All**. *American Journal of Public Health* 2016, **106**(10):1780-1781.

378 5. McIntyre D, Obse AG, Barasa EW, Ataguba JE: **Challenges in financing universal health coverage**  
379 **in sub-Saharan Africa**. *Oxford Research Encyclopedia of Economics and Finance* 2018, **2018**(5):1-  
380 80.

381 6. Ministry of Health: **National Health Accounts 2012/13 and 2013/14**. In. Kampala, Uganda:  
382 Ministry of Health; 2016.

383 7. Nabyonga Orem J, Mugisha F, Kirunga C, Macq J, Criel B: **Abolition of user fees: the Uganda**  
384 **paradox**. *Health policy and planning* 2011, **26**(suppl\_2):ii41-ii51.

385 8. Uganda Bureau of Statistics: **Uganda National Household Survey 2016/17**. In. Kampala, Uganda:  
386 Uganda Bureau of Statistics; 2017.

387 9. World Bank: **The Uganda Poverty Assessment Report 2016 Farms, cities and good fortune:**  
388 **assessing poverty reduction in Uganda from 2006 to 2013**. Kampala, Uganda: The World Bank;  
389 2016.

390 10. Ministry of Health: **Annual Health Sector Performance Report**. In. Kampala, Uganda: Ministry of  
391 Health; 2017.

392 11. McIntyre D, Meheus F: **Fiscal Space for Health and Other Social Services**. . In. London: Chatam  
393 House; 2014.

394 12. Stenberg K, Hanssen O, Edejer TT-T, Bertram M, Brindley C, Meshreky A, Rosen JE, Stover J,  
395 Verboom P, Sanders RJTLGH: **Financing transformative health systems towards achievement of**  
396 **the health Sustainable Development Goals: a model for projected resource needs in 67 low-**  
397 **income and middle-income countries**. *The Lancet Global Health* 2017, **5**(9):e875-e887.

398 13. Ministry of Health: **Health Financing Strategy 2015-2025**. In. Kampala, Uganda: Ministry of  
399 Health, Uganda; 2016.

400 14. Boerma T, Eozenou P, Evans D, Evans T, Kieny M-P, Wagstaff A: **Monitoring progress towards**  
401 **universal health coverage at country and global levels**. *PLoS medicine* 2014, **11**(9):e1001731.

402 15. Xu K, Evans DB, Kadama P, Nabyonga J, Ogwal PO, Nabukhonzo P, Aguilar AM: **Understanding the**  
403 **impact of eliminating user fees: utilization and catastrophic health expenditures in Uganda**.  
404 *Social science & medicine* 2006, **62**(4):866-876.

405 16. Kwesiga B, Zikusooka CM, Ataguba JE: **Assessing catastrophic and impoverishing effects of health**  
406 **care payments in Uganda**. *BMC health services research* 2015, **15**(1):30.

407 17. StataCorp: **Stata: release 13 - Statistical software**. College Station, Texas: StataCorp LP; 2013.

408 18. Deaton A, Zaidi S: **Guidelines for constructing consumption aggregates for welfare analysis**, vol.  
409 135: World Bank Publications; 2002.

410 19. Appleton S: **Poverty in Uganda, 1999/2000: Preliminary estimates from the UNHS**. *Nottingham,*  
411 *UK: University of Nottingham* 2001.

412 20. Wagstaff A, Doorslaer Ev: **Catastrophe and impoverishment in paying for health care: with**  
413 **applications to Vietnam 1993–1998**. *Health economics* 2003, **12**(11):921-933.

414 21. Foster J, Greer J, Thorbecke E: **The Foster–Greer–Thorbecke (FGT) poverty measures: 25 years**  
415 **later**. *Journal of Economic Inequality* 2010, **8**(4):491-524.

- 416 22. Ruhweza M, Baine S, Onama V, Basaza V, Pariyo G: **Financial risks associated with healthcare**  
417 **consumption in Jinja, Uganda.** *African health sciences* 2009, **9**(2).
- 418 23. Barasa EW, Maina T, Ravishankar N: **Assessing the impoverishing effects, and factors associated**  
419 **with the incidence of catastrophic health care payments in Kenya.** *International journal for*  
420 *equity in health* 2017, **16**(1):31.
- 421 24. Chuma J, Maina T: **Catastrophic health care spending and impoverishment in Kenya.** *BMC health*  
422 *services research* 2012, **12**(1):413.
- 423 25. Akazili J, Ataguba JE-O, Kanmiki EW, Gyapong J, Sankoh O, Oduro A, McIntyre D: **Assessing the**  
424 **impoverishment effects of out-of-pocket healthcare payments prior to the uptake of the**  
425 **national health insurance scheme in Ghana.** *BMC international health and human rights* 2017,  
426 **17**(1):13.
- 427 26. Mills A, Ataguba JE, Akazili J, Borghi J, Garshong B, Makawia S, Mtei G, Harris B, Macha J, Meheus  
428 F: **Equity in financing and use of health care in Ghana, South Africa, and Tanzania: implications**  
429 **for paths to universal coverage.** *The Lancet* 2012, **380**(9837):126-133.
- 430 27. Nguyen HT, Rajkotia Y, Wang H: **The financial protection effect of Ghana National Health**  
431 **Insurance Scheme: evidence from a study in two rural districts.** *International journal for equity*  
432 *in health* 2011, **10**(1):4.
- 433 28. Ministry of Health: **Ministerial Policy Statement for FY 2018/19.** In. Edited by Health Mo.  
434 Kampala, Uganda; 2018.
- 435 29. Konde-Lule J, Gitta SN, Lindfors A, Okuonzi S, Onama VO, BC. F: **Private and public health care in**  
436 **rural areas of Uganda.** *BMC international health and human rights* 2010, **10**(1):29.
- 437 30. Kwesiga B, Ataguba JE, Abewe C, Kizza P, Zikusooka CM: **Who pays for and who benefits from**  
438 **health care services in Uganda?** *BMC health services research* 2015, **15**(1):44.
- 439 31. Wagner N, Quimbo S, Shimkhada R, Peabody J. **Does health insurance coverage or improved quality**  
440 **protect better against out-of-pocket payments?** Experimental evidence from the Philippines. *Soc*  
441 *Sci Med.* 2018. doi:10.1016/j.socscimed.2018.03.024  
442

## List of Tables

Table 1: Explanatory variables for the logistic regression

Variables	Expected sign
Poverty (poor=1, non-poor=0)	+
Residence (urban=1, rural=0)	-
Region (reference=central)	+/-
Sex of household head (male=1, female=0)	+/-
Number of people in the household	+
Children below 5 years in the household (yes =1, no=0)	+
Adults above 60 years in the household (yes= 1, no=0)	+
Education of household head (reference: no formal education)	-
Employment (reference: formal employment)	-
Marital status (married=1, not married=0)	+/-

+: Positive, -: Negative, +/-: Indeterminate

Table 2: Household catastrophic health payments

Year	10%		25%	
	Headcount (%)	Mean positive gap (%)	Headcount (%)	Mean positive gap (%)
2005/06	22.4	11.5	5.9	13.1
2009/10	21.4	11.0	5.4	12.2
2012/13	13.8	8.9	2.6	10.9
2016/17	14.2	8.8	2.7	8.2

Source: Authors' computation based on the UNHS 2005-2017 data

Table 3: Disaggregation of catastrophic health expenditure (10% of total household expenditure)

Disaggregation variable	2005/06	2009/10	2012/13	2016/17
<b>Total</b>	22.4	21.4	13.8	17.1
<b>Socio-economic status quintiles</b>				
Poorest	18.9	17.2	9.6	17.6
Second poorest	20.4	18.9	10.0	18.8
Middle	24.2	21.5	12.6	16.9
Second richest	26.5	24.2	18.1	17.6
Richest	22.0	25.0	18.7	14.7
<b>Poverty Status</b>				
Non-poor	23.7	22.6	14.8	16.7
Poor	19.5	17.2	9.8	18.3
<b>Residence</b>				
Rural	23.5	21.7	13.5	17.3
Urban	16.2	19.5	14.9	16.5
<b>Region</b>				
Central	20.3	21.9	19.8	19.1
Eastern	21.1	21.6	9.1	15.9
Northern	20.2	18.3	13.1	14.9
Western	27.8	23.1	13.8	18.2

Source: Authors' computation based on the UNHS 2005-2017 data

Table 4: Determinants of catastrophic health expenditure, 2016/17

Catastrophic health expenditure (10% of household expenditure)						
	Odds-ratio (OR)	SE.	z	P>z	[95% CI]	
<b>Independent Variables</b>						
<b>Poverty (poor=1, non-poor=0)</b>	0.4	0.0	-8.2	0.0	0.3	0.5
<b>Residence (urban=1, rural =0)</b>	0.8	0.1	-1.9	0.1	0.7	1.0
<b>Region (R=central)</b>						
Eastern	0.8	0.1	-1.5	0.1	0.7	1.1
Northern	0.9	0.1	-0.6	0.6	0.8	1.2
Western	0.8	0.1	-1.6	0.1	0.7	1.0
<b>Household size</b>	1.1	0.0	2.7	0.0	1.0	1.1
<b>Sex of household head</b> (male=1, female=0)	0.9	0.1	-1.0	0.3	0.7	1.2
<b>Employment (R=formal)</b>						
Casual/Subsistence	1.1	0.1	0.5	0.6	0.9	1.3
Unemployed	1.3	0.2	1.9	0.1	1.0	1.6
<b>Children below 5 (yes =1, no=0)</b>	1.3	0.1	3.1	0.0	1.1	1.5
<b>Adults above 60 (yes= 1, no=0)</b>	1.4	0.2	3.3	0.0	1.2	1.7
<b>Education (R= no formal education)</b>						
Primary level	1.1	0.1	0.7	0.5	0.9	1.4
Secondary level	1.0	0.1	-0.2	0.9	0.7	1.3
Tertiary	0.7	0.2	-1.7	0.1	0.5	1.1
<b>Marital status</b> (married=1, not married=0)	1.3	0.2	2.0	0.0	1.0	1.7
_cons	0.1	0.0	-13.5	0.0	0.1	0.2
Log pseudo likelihood	= -14632786					
Number of obs	= 15,349					
Wald chi2(15)	= 135.0					
Prob > chi2	= 0.000					
Pseudo R2	= 0.013					

**R= Reference category**

Source: Authors' computation based on the UNHS 2016/17 data

Table 5: Impoverishment indicators using the international poverty line

	Pre-payment poverty (%) (A)	Post-payment poverty (%) (B)	Absolute difference (%) (B-A)
<b>2005/06 (PPP=513.9492)</b>			
Poverty headcount	51.8	57.0	5.2
Normalised mean positive poverty gap	35.2	37.0	
<b>2009/10 (PPP=741.3262)</b>			
Poverty headcount	46.3	50.8	4.5
Normalised mean positive poverty gap	33.4	34.9	
<b>2012/13 (PPP=1043.083)</b>			
Poverty headcount	64.0	67.2	3.2
Normalised mean positive poverty gap	39.4	40.2	
<b>2016/17 (PPP=1161.989)</b>			
Poverty headcount	51.8	57.0	5.2
Normalised mean positive poverty gap	35.2	37.0	

Source: Authors' computation based on the UNHS 2016/17 data

Table 6: Impoverishment indicators using Uganda's national poverty line

	Pre-payment poverty (%) (A)	Post-payment poverty (%) (B)	Absolute difference (%) (B-A)
<b>2005/06</b>			
Poverty headcount	31.1	35.6	4.6
Normalised mean positive poverty gap	35.2	37.0	
<b>2009/10</b>			
Poverty headcount	23.2	27.2	4.0
Normalised mean positive poverty gap	27.6	28.3	
<b>2012/13</b>			
Poverty headcount	19.7	21.7	2.0
Normalised mean positive poverty gap	26.4	26.7	
<b>2016/17</b>			
Poverty headcount	21.5	24.1	2.5
Normalised mean positive poverty gap	5.3	6.0	

Source: Authors' computation based on the UNHS 2016/17 data

**Table 7: Disaggregation of impoverishment headcount**

Disaggregation variable	2005/06	2009/10	2012/13	2016/17
<b>Total</b>	5.2	4.5	3.2	2.7
<b>Socio-economic status quintiles</b>				
Poorest	0.0	0.0	0.0	0.0
Second poorest	0.0	0.0	0.0	0.0
Middle	16.7	18.6	0.0	11.0
Second richest	8.3	2.5	14.9	2.5
Richest	1.0	1.5	1.2	0.0
<b>Residence</b>				
Rural	5.6	4.9	2.9	3.1
Urban	2.9	2.2	4.1	1.6
<b>Region</b>				
Central	5.4	3.4	4.8	2.5
Eastern	5.2	5.3	2.0	2.5
Northern	2.7	4.4	2.7	3.0
Western	6.9	4.9	3.4%	3.0

Source: Authors' computation based on the UNHS 2005-2017 data

<sup>1</sup> The PPP conversion rate for the different years surveys are; 2005/06 (PPP=513.9492) , 2009/10 (PPP=741.3262), 2012/13 (PPP=1043.083) and 2016/17 (PPP=1161.989)