

## Leadership for UHC

### **CASE CLINIC - TIMINGS FOR PRACTICE DURING THE COURSE**

This is an alternative (to regular meetings and advice-giving) process and practice for helping each other solve critical challenges. Participants play the role of consultants to the person seeking a solution:

- 5 min. **Intention Statement by case giver**
  - Situation/Problem/Opportunity/Project = What do you want to address?
  - Your intention: What do you want to create?
  - Your edge: what do you need to let go of and learn?
  - Help: Where do you need input and help?
- 2 min. **Stillness, allowing Open Mind, Open Heart & Open Will to attend to the challenge.**
- 10 min. **Mirroring by each consultant**
  - What images and feelings come up for me now?
  - What questions are evoked in my mind?
- 10 min. **Generative Dialogue and solution brainstorming by all**
  - Case giver reflects on the images and emotions that the case evoked
  - Consultants ask questions to deepen understanding
  - Generative Dialogue: Co-create ideas for solutions.
- 10 min. **Concluding Remarks by consultants**
  - What is the key issue to be addressed [diagnosis]?
  - What solution/action do I propose?
- 3 min. **Concluding remarks by case giver**
  - What new insight do the solutions offer to me?
  - How could I use/combine these ideas going forward?