#### CASE CLINIC - TIMINGS FOR PRACTICE DURING THE COURSE

This is an alternative (to regular meetings and advice-giving) process and practice for helping each other solve critical challenges. Participants play the role of consultants to the person seeking a solution:

### • 5 min. Intention Statement by case giver

Situation/Problem/Opportunity/Project = What do you want to address?

Your intention: What do you want to create?

Your edge: what do you need to let go of and learn?

Help: Where do you need input and help?

# • 2 min. Stillness, allowing Open Mind, Open Heart & Open Will to attend to the challenge.

### • 10 min. Mirroring by each consultant

What images and feelings come up for me now?

What questions are evoked in my mind?

#### • 10 min. Generative Dialogue and solution brainstorming by all

Case giver reflects on the images and emotions that the case evoked

Consultants ask questions to deepen understanding

Generative Dialogue: Co-create ideas for solutions.

### • 10 min. Concluding Remarks by consultants

What is the key issue to be addressed [diagnosis]?

What solution/action do I propose?

## • 3 min. Concluding remarks by case giver

What new insight do the solutions offer to me?

How could I use/combine these ideas going forward?